



The Story Behind the COLORS

ETERNAL LIFE (YOU ARE CREATED)

John 3:16- For God loved the world so much that he gave his one and only Son, so that everyone who believes in him will not perish but have eternal life.

DARKNESS & SIN (YOU ARE BROKEN)

Colossians 1:13-14- For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son, who purchased our freedom and forgave our sins.

SALVATION (YOU ARE LOVED)

1 John 1:7- But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, his Son, cleanses us from all sin.

PURITY & FREEDOM (YOU ARE FREE)

Psalms 51:7- Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow.

GROWTH (YOU HAVE PURPOSE)

Colossians 2:7- Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.



Support Our Mission



PRAY for the whole world to learn about abundant life and abundant joy in Christ, and that hoops will make their way to the ends of the earth with this message.



DONATE monthly to support our ministry efforts and our international partners.



VOLUNTEER to become an official Joy Spreader by joining us for local hooping activities or making hoops.



TAKE HOOPS to the world on your next mission trip or connect us to your church for future trips.



SEND A HOOP to the world by purchasing one of our Hoola for Life™ gospel hoops.



hoola for happiness

Spread Joy

Stay in Touch

Web: www.HoolaforHappiness.org

Address: 3225 S. MacDill Ave. #129-343 | Tampa, FL 33629

Phone: 813-444-6114

Email: hoolaforhappiness@gmail.com

Printed by: A&A Printing



The Hoop Revolution

While we at Hoola for Happiness truly love hooping for moments of happiness, we possess a deeper desire to translate those moments into a longer-lasting condition of joy in our hearts and yours.

Thankfully, we serve a creative God who can use anything to further His kingdom. The hula hoop is the perfect tool for building relationships and spreading joy. Our goal is to send hula hooping missionaries all over the world who use hoops to connect to their communities. Hula hooping is an open door to knowing people, serving them and loving them the way Jesus does.

We take hoops to different organizations, unique people groups or just outside our back door to connect to one another and make the world a smaller place. Our hand-made hoops are donated to children across the globe, most of whom are orphans and have never seen a hula hoop before. We play games that encourage cooperation, boost self-esteem and promote creativity. The five colors on the hoop aid in sharing the story of Jesus and our testimonies of how He has changed our lives.



Game Ideas and Activities



hoola for life

Hoola for Happiness volunteers hand-make our Hoola for Life™ travel hula hoops with five colors explaining the story of Jesus. Over 3,800* of these hoops have been donated to children in over 53 countries around the world.

Live Joyfully

It's not a command. It's a gift given to us by the Author of Life, Jesus Christ.

"I have come that they may have life, and that they may have it more abundantly."

-John 10:10

* as of March 2015

1. Circle of Life:

Have all members of the group form a circle while holding hands. Have two people lock hands through a Hoola for Life hoop. Now the fun begins! Try moving the hoop around the circle passing over and under each person without unlocking hands until the hoop makes it way all the way around.

2. Leap of Faith:

Jump through the Hoola for Life hoop at various levels. Hold the hoop for others while they jump or dive through. Unless you're a trained circus professional, be careful with the diving.

3. Hoop Toss:

Set up targets using cones or other items. If you don't have spare cones, you can use each other. Stand at various distances and toss the hoop, trying to ring the hoop around the person or target.

4. Monkey in the Middle:

Have a group form a circle with each person standing inside the hoop. Place one person in the middle as the "monkey." Play music to indicate when to move. When the music starts, everyone must switch hoops with someone else quickly while the monkey tries to jump in a hoop. Whoever is left without a hoop to stand in is the new monkey.

5. Relay Race:

Establish two teams, a starting line and a finish line. Have two teams race to the finish line and back while hooping. Pass the hoop to the next team member and repeat. If that's too easy, place obstacles in the race path or try incorporating other hoop tricks.